

Utah State Division of Substance Abuse and Mental Health

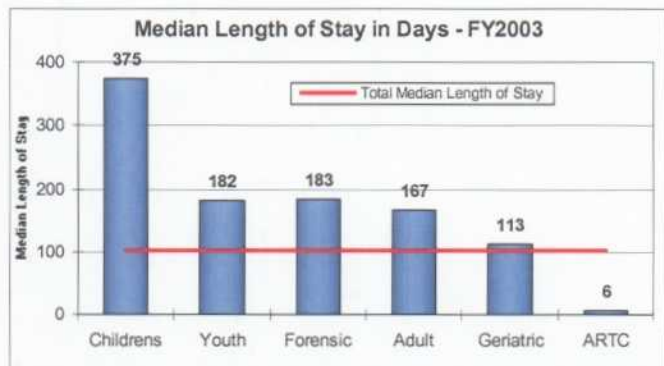
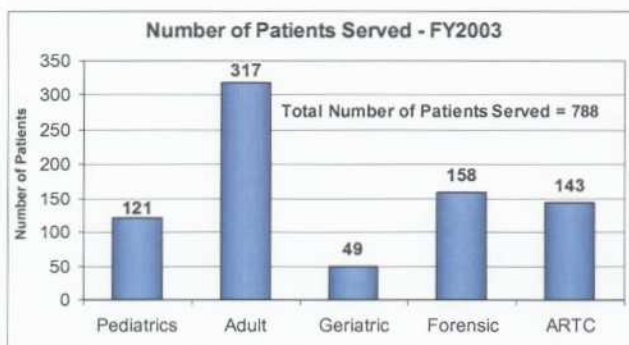
Utah State Hospital FY2003 Fact Sheet

The Utah State Hospital (USH) is a 24-hour inpatient psychiatric facility located on East Center Street in Provo, Utah. The hospital serves people who experience severe and persistent mental illness (SPMI). The hospital provides active psychiatric treatment services for 328 patients. The USH serves all age groups and covers all geographic areas of the state. The USH works with 11 mental health centers as part of their continuum of care. All adult and pediatric beds are allocated to the mental health centers based on population.

The Utah State Hospital is Joint Commission accredited and HCFA certified. There are 21 buildings with approximately 444,000 square feet of space. The hospital campus covers over 300 acres of property.

Major Client Groups at the Utah State Hospital

- Adult patients over 18 who have severe mental disorders (civil commitment)
- Children and youth (ages 6-18) who require intensive inpatient treatment
- Persons adjudicated and found guilty and mentally ill
- Persons adjudicated and found not guilty by reason of insanity
- Persons found incompetent to proceed
- Persons who require a competency, Guilty and Mentally Ill, Diminished capacity evaluations
- Persons with mental health disorders who are in the custody of the Utah Department of Corrections



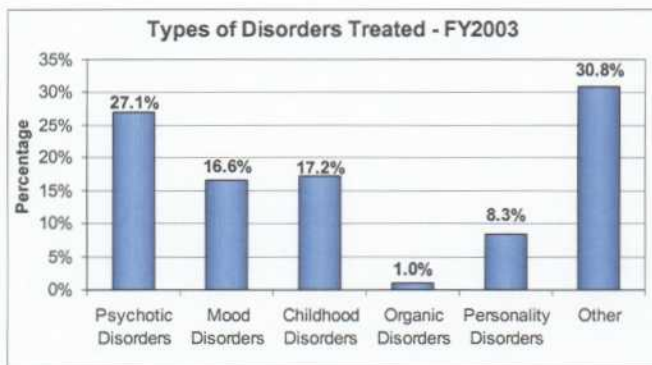
Programs

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| • Childrens Unit (Ages 6-12) | 22 | beds |
| • Adolescent Unit (Ages 13-17) | 50 | beds |
| • Adult Services (Ages 18 and above) | 152 | beds |
| • Adult Recovery Treatment Center (Ages 18 +) | 5 | beds |
| • Geriatrics (Ages 60 and above) | 30 | beds |
| • Forensic Unit (Ages 18 and above) | 74 | beds |

Types of Disorders Treated

The figure on the following page shows the percentages of patients treated at the Utah State Hospital for each of the following disorders:

- Psychotic Disorders: includes schizophrenia and delusional disorder
- Mood Disorders: includes major depression, bipolar disorder, and dysthymia
- Childhood Disorders: includes autism, attention deficit disorder, conduct disorder, separation anxiety, and attachment disorder
- Organic Disorders: includes Dementia, Alzheimer's Disease, and organic brain syndrome
- Personality Disorders: includes borderline, antisocial, paranoid, and narcissistic - treated at the hospital, sometimes a secondary diagnosis.

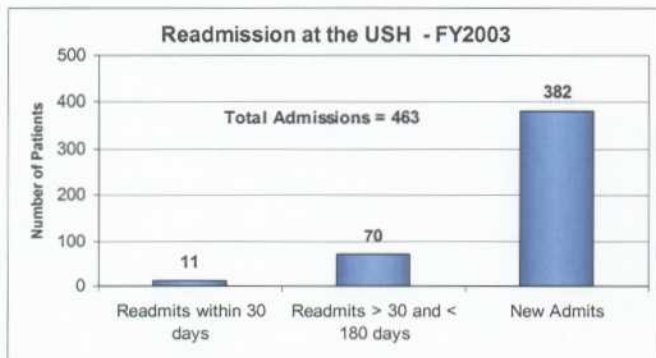


Services Provided

The State Hospital provides the following services: Psychiatric Services, 24-hour nursing care, Psychological Services, Social Work Services, Occupational Therapy, Vocational Rehabilitation, Physical Therapy, Recreation Therapy, Substance Abuse/Mental Health Program (Sunrise), Dietetic Services, Medical/Ancillary Services, Adult Education, Oak Springs School (Provo School District). The Utah State Hospital is also actively involved in research programs to improve patient care, approved through the Department of Human Services Institutional Review Board.



The Brief Psychiatric Rating Scale (BPRS) is a clinical measurement of patient symptoms. A decreased score shows improvement. These scores demonstrate significant improvement from admission to discharge.



Out of 463 admissions in 2003, only 11 were readmitted to the hospital within 30 days. 70 had been admitted to the State Hospital previously and 382 were new clients to the hospital.

Budget Cuts - FY 02 - FY 03

The Utah State Hospital's budget was cut by \$ 3,058,200. This resulted in reduction of 30 geriatric beds and 26 forensic beds. Funding has not been authorized to restore the beds and operate them at the level identified by statute (212 beds).

Continuing Issues

- Pressure to increase forensic beds at the State Hospital to serve the mentally ill with criminal charges. Utah needs to address the issue of the criminalization of the mentally ill. Currently there is a waiting list of 13 waiting to be admitted to the Forensic Unit.
- The nursing shortage is worsening in Utah. There are recruitment issues with professional staff, especially with RNs and psychiatrists.
- USH opened the Rampton II Building which houses youth, adults and geriatric services. Appropriate funding to staff the youth program is being requested.
- Reintegration of patients/residents back into the community. The Olmstead decision is being applied to institutions in Utah.
- Lack of psychiatric inpatient beds in Utah is a growing problem. The state is in need of a long-term care program for the mentally ill.

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